# Project CHILD Training Calendar

## **News from the Training Corner**

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What is the Pyramid Model?

The Pyramid Model is a framework of evidence-based practices for promoting young children's healthy social and emotional development.

The Pyramid Model provides guidance for:

- Early childhood educators in child care center and family child care homes
- Families
- Other professionals

Why the Pyramid Model?

With regard to Pyramid Model strategies and practices, teachers and caregivers report what national studies demonstrate; as adults become more responsive, predictable, and nurturing, children's healthy pro-social development evolves.

Change occurs through a process that includes training and coaching, and understanding how behaviors serve as communication that (positively or negatively) affect relationships and learning; behaviors that are reflected upon include the children's as well as the adults' responses.

A related bonus to the Model: when adults become pro-active, and children's engagement and behaviors improve, teachers report greater job satisfaction-- and staff turnover is reduced!

Children in classrooms that implement Pyramid Model practices have better social skills and fewer challenging behaviors when compared to children in classrooms who do not implement the practices.

Are you or the teachers in your program struggling with challenging behaviors from children?

Project CHILD provides training on both the Infant Toddler Pyramid Model and the Preschool Pyramid Model. These trainings offer early childhood educators in child care centers and family child care homes training on the practices that form the basis of the Pyramid Model. Although coaching and other pieces are needed for full program implementation, having knowledge of the practices is a great place to start!

## July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
		+ Japes July 444!				
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
				Creating a Welcoming Classroom for LGBTQ+ Families		
30	31					

# July 27<sup>th</sup> Creating a Welcoming Classroom 6:00pm For LGBTQ+ Families

In this training, the most current terminology used in the LGBTQ+ community will be reviewed. The difference between sex and gender will be discussed, along with the importance of pronouns. Personal beliefs and professional responsibility will be discussed. Gender milestones of children will be introduced and ways for child care programs to be more inclusive of the LGBTQ+ community will be shared.

#### **Location: Zoom**

Trainer: Paula Schnicker-Johnson, Provider Services Coordinator and Quality Specialist

Hours: 2.0 <u>Cost: FREE</u>



# August 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
						CPR First Aid
13	14	15	16	17	18	19
						Welcoming Each and Every Child
20	21	22	23	24	25	26
				Extending Preschool Children's Thinking Class Begins		
27	28	29	30	31		
			Introduction to Conscious Discipline	The Great Outdoors!		

# August 12<sup>th</sup> American Heart Association 9am *CPR*

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5 <u>Cost: FREE</u>



#### August 12th **American Heart Association** First Aid

12:30pm

This basic face to face training will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. This training does meet the requirements for the **Anaphylactic Shock** training.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0 Cost: FREE



#### August 19th Welcoming Each and Every Child

9:00am

This training reviews child growth and development in early childhood environments. A review of several commercial screening tools is discussed to allow child care practitioners more options on monitoring a child's typical development. Case studies provide hands-on learning for the participant on use of a developmental screening tool and guidelines for referral to an early intervention program.

Location: Calvary Baptist Church, 901 N Olive, Flora

Trainer: Courtney Hatcher, Quality Specialist

Hours: 7.0 Cost: FREE



August 30th Introduction to Conscious Discipline 6:00pm

Participants will receive an overview of Dr. Becky Bailey's innovative program, and engage in activities and discussion around the Brain States, I Love You Rituals, and Conscious Discipline techniques that can be used in the classroom. Conscious Discipline© focuses on social emotional learning, effective discipline, and self-regulation techniques. It is a curriculum developed to support caregivers and parents with children exhibiting challenging behaviors.

Location: Zoom

Trainer: Lisa Dole, Mental Health Consultant

Hours: 2.0 Cost: FREE





August 31<sup>st</sup> The Great Outdoors! 6:00pm

Preschool children need lots of time to explore and play outside. Outdoor play develops a child's disposition for the outdoors, for physical activity, and for care of the environment. Allow this training to open up your own mind and heart to the beauty and benefits of nature. This training will give you some great ideas to nourish the natural curiosity that the children in your care have for Nature and the Great Outdoors!

Location: Zoom

Trainer: Ashley Baldridge, Higher Education Navigator

Hours: 2.0 <u>Cost: FREE</u>



## September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
	HAPPY LABOR Day		Infant Toddler Pyramid Class Begins			
10	11	12	13	14	15	16
		Gen Z in Early Childhood				
17	18	19	20	21	22	23
24	25	26	27	28	29	30
				Fall Into Science!		

## September 12<sup>th</sup> Generation Z in Early Childhood

6:00pm

There may be up to five generations working in early childhood programs today. Generation Z are those that were born from 1997 to 2012. They are the newest early childhood folks to enter the workforce. What makes Gen Z unique? How can we all work together more effectively for children and their families? Join me as we explore the generations, with an emphasis on Generation Z.

**Location: Zoom** 

Trainer: Paula Schnicker-Johnson, Provider Services Coordinator and Quality Specialist

Hours: 2.0 Cost: FREE



#### September 28<sup>th</sup>

#### Fall Into Science!

6:00 pm

Fall has arrived, so let's fall right into some Science! It's time to explore the colors of the leaves, pumpkins, the crisp air and so much more that Fall brings in! This training will help you open up a whole new world of science exploration and provide you with some great developmentally appropriate science ideas for you and your preschool children! Come and Fall into Science with me!

Location: Zoom

Trainer: Ashley Baldridge, Higher Education Navigator

Hours: 2.0 Cost: FREE



## October 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
	Happy Columbus Day					
15	16	17	18	19	20	21
			Introduction to Conscious Discipline			
22	23	24	25	26	27	28
						Strengthening Business Practices, Part 1
29	30	31				
		Mallingeon				

October 18<sup>th</sup> Introduction to Conscious Discipline 6:00pm

Participants will receive an overview of Dr. Becky Bailey's innovative program, and engage in activities and discussion around the Brain States, I Love You Rituals, and Conscious Discipline techniques that can be used in the classroom. Conscious Discipline© focuses on social emotional learning, effective discipline, and self-regulation techniques. It is a curriculum developed to support caregivers and parents with children exhibiting challenging behaviors.

**Location: Zoom** 

Trainer: Lisa Dole, Mental Health Consultant

Hours: 2.0 Cost: FREE



## October 28<sup>th</sup> Strengthening Business Practices For Family Child Care, Part 1

9:00am

The Strengthening Business Practices for Family Child Care training addresses basic concepts in fiscal and operational management of family child care programs. The purpose of this training is to strengthen childcare provider's foundational knowledge of fiscal terms, concepts, and practices. It encourages providers to realize the importance of fiscal planning to the sustainability of their business operations. It provides tips and best practices in fiscal, organizational, and financial goals and human resource documents in order to help break down the fiscal processes into manageable steps.

Location: Calvary Baptist Church, 901 N Olive, Flora

Trainer: Courtney Hatcher, Quality Specialist

Hours: 6.0 Cost: FREE



## November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
						CPR & First Aid Strengthening Business Practices, Part 2
5	6	7	8	9	10	11
				May Your Higher Education Navigator Be With You!	VETERANS DAY	
12	13	14	15	16	17	18
		Supporting Neurodiversity in the Workplace				
19	20	21	22	23	24	25
				Thankigiving		
26	27	28	29	30	31	

# November 4<sup>th</sup> Strengthening Business Practices 9:00am For Family Child Care, Part 2

The Strengthening Business Practices for Family Child Care training addresses basic concepts in fiscal and operational management of family child care programs. The purpose of this training is to strengthen childcare provider's foundational knowledge of fiscal terms, concepts, and practices. It encourages providers to realize the importance of fiscal planning to the sustainability of their business operations. It provides tips and best practices in fiscal, organizational, and financial goals and human resource documents in order to help break down the fiscal processes into manageable steps.

Location: Calvary Baptist Church, 901 N Olive, Flora

Trainer: Courtney Hatcher, Quality Specialist

Hours: 6.0 Cost: FREE



# November 4<sup>th</sup> American Heart Association *CPR*

9am

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5 <u>Cost: FREE</u>



## November 4<sup>th</sup> American Heart Association First Aid

12:30pm

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. This training does meet the requirements for the **Anaphylactic Shock** training.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0 Cost: FREE



# November 9<sup>th</sup> May Your Higher Education Navigator 6:00pm Be With You!

Have you heard of the Higher Education Navigator? Do you want to find out more about your Navigator and about some great scholarship opportunities? Have you been thinking about getting your Associate's, Bachelor's, or Master's degree in Early Childhood Education? Maybe you want to get your Professional Educator's License so that you can teach Pre-K to 2<sup>ND</sup> Grade. Well, now is the time to start a new journey or continue on in your higher education pathway! Learn what the Higher Education Navigator can do for you, along with the different pathways you can take in the Magical field of Early Childhood Care and Education! Now is the time to help yourself grow...to feed your brain with knowledge and to ignite your heart with your passion for the field of Early Childhood Education!

**Location: Zoom** 

Trainer: Ashley Baldridge, Higher Education Navigator

Hours: 2.0 Cost: FREE



November 14<sup>th</sup> Supporting Neurodiversity in the Workplace 6:00pm People experience and interact with the world around them in many different ways; there is no one "right" way of thinking, learning, and behaving, and differences are not viewed as deficits. Join me in a conversation about supporting all those who work with you for children and their families.

Location: Zoom

Trainer: Paula Schnicker-Johnson, Provider Services Coordinator and Quality Specialist

Hours: 2.0 <u>Cost: FREE</u>



## December 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
			Introduction to Conscious Discipline			
24	25	26	27	28	29	30
	Christmas					
31						

<u>December 20<sup>th</sup></u> Introduction to Conscious Discipline 6:00pm

Participants will receive an overview of Dr. Becky Bailey's innovative program, and engage in activities and discussion around the Brain States, I Love You Rituals, and Conscious Discipline techniques that can be used in the classroom. Conscious Discipline© focuses on social emotional learning, effective discipline, and self-regulation techniques. It is a curriculum developed to support caregivers and parents with children exhibiting challenging behaviors.

**Location: Zoom** 

Trainer: Lisa Dole, Mental Health Consultant

Hours: 2.0 <u>Cost: FREE</u>



## Infant Toddler Pyramid Model

# Module 1: Social Emotional Development within the Context of Relationships

Module 2: Responsive Routines, Environments, and Target Strategies to Support Emotional Development in Infants and Toddlers

This training will be offered as a series of five Zoom sessions.

September 6<sup>th</sup> 6-9pm September 20<sup>th</sup> 6-9pm October 4<sup>th</sup> 6-9pm October 18<sup>th</sup> 6-9pm November 1<sup>st</sup> 6-9pm

This training can be taken for college credit or for training hours only. College credit can only be given to those who reside in Project CHILD's service delivery area and/or Rend Lake College's district.

All Zoom sessions must be attended to receive any credit, college credit or training hours.

Trainers: Jamie Nichols, Infant and Toddler Specialist and Courtney Hatcher, Quality Specialist

Please contact Jamie Nichols at 618-244-2210, ext. 120 or <a href="mailto:nicholsj@rlc.edu">nicholsj@rlc.edu</a> for information on registering.

# Extending Preschool Children's Thinking Big Questions for Young Minds

This course, specifically designed for preschool teachers, studies how teachers can encourage children to think deeply through the use of "big" questions. Rooted in Bloom's Taxonomy, teachers will learn how to meet children at their individual development levels and stretch their thinking, be more intentional in their teaching, scaffold children's learning and promote deeper understanding.

## This training will be offered as a series of eight Zoom sessions.

Thursday	August 24th	6-9pm
Thursday	September 7 <sup>th</sup>	6-9pm
Thursday	September 21st	6-9pm
Thursday	October 5 <sup>th</sup>	6-9pm
Thursday	October 19th	6-9pm
Thursday	November 2 <sup>nd</sup>	6-9pm
Thursday	November 16 <sup>th</sup>	6-9pm
Thursday	November 30 <sup>th</sup>	6-9pm

This training can be taken for college credit or for training hours only. College credit can only be given to those who reside in Project CHILD's service delivery area and/or Rend Lake College's district.

All Zoom sessions must be attended to receive any credit, college credit or in-service hours.

Trainer: Paula Schnicker-Johnson, Quality Specialist

Please contact Paula Schnicker-Johnson at 618-244-2210, ext. 111 or johnsonp@rlc.edu for information on registering.

#### **Entities Offering Virtual Early Childhood Trainings**

National Association for the Education of Young Children

https://www.naeyc.org/events/trainings-webinars

NAEYC offers engaging, interactive and practical *online* modules that are self-paced and designed to fit your needs and schedules as *early childhood* educators. Some offer certificates of training and some do not. Fees range from \$0 to \$20 or more.

The Care Courses School, Inc.

https://www.carecourses.com/PublicPages/Home.aspx

Care Courses *online* professional development *training* classes for *early childhood* professionals, CDA classes and CDA renewal. Clock hours vary by course, as do the fees.

The Early Chilhdood Academy

https://theearlychildhoodacademy.com/shop/

Classes are self-study and can be completed at *your convenience*. Certificates are available for printing after passing the class quizzes. Fees vary from \$7 to \$15 per class.

The Illinois AfterSchool Network

https://www.ianetwork.org/distance-learning-sessions/

Training webinars are hosted by certified Illinois AfterSchool Network (IAN) trainers and provide certificates upon completion. Training is specific to those who care for school-age children. All webinars are free of charge.

The Illinois Network of Child Care Resource and Referral Agencies (INCCRRA) <a href="https://courses.inccrra.org/">https://courses.inccrra.org/</a>

Gateways Registry Approved training, DCFS Licensing Required training, CCAP Provider training, ExceleRate Illinois Approved training, School-Age and Youth Development Level 1 training, and ECE Level 1 training are available here, along with a list of other Gateways Registry Approved training entities.

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#### **Project CHILD Training Policies**

- ✓ Scheduled trainings sponsored or co-sponsored by Project CHILD will be listed in the biannual publication, *Project CHILD Professional Development Opportunities*. As the need arises, information may be electronically advertised (email, Facebook, website) for special trainings or conferences as they are planned.
- ✓ Trainings from may be offered on the virtual platform, Zoom, or offered in the traditional face-to-face format.
- ✓ Please take the zoom tutorial before attending your first virtual training. Audio and video connection can easily be tested beforehand at zoom.us/test.
- ✓ Full engagement is expected on zoom meeting/virtual training. Trainings will still include discussions, breakout groups, hands-on activities, etc. Full participation is expected just as in a face to face training.
- ✓ Each registrant will receive an email with zoom meeting link and password to join training. *Please do not share this link or password with anyone or post on any social media sites.*
- ✓ A follow up survey/evaluation will be sent immediately following virtual training, if the link is not posted during the training. It is expected that these are completed and returned as part of the training participation. Certificates will be mailed upon completion of the survey/evaluation.
- ✓ Some virtual trainings may be recorded. You will be notified before recording begins.
- ✓ Training confirmation and/or cancelation notifications are handled via email. Please ensure that Project CHILD training staff has the most current email address for you on file.
- ✓ Participants must register and pay for all online training. Registration is available through the Registration Form (mailed or dropped off to us), through our website (<u>www.projectchild.net</u>) and by calling the office and speaking to Paula. Please have your Gateways Member number as well as your preferred email address.
- ✓ Attendance must meet or exceed 3 registered participants for some trainings and 5 registered participants in many circumstances in order for the training to be held. Minimum participation is subject to Project CHILD's discretion.
- ✓ A training will be cancelled 2 days prior to the date if attendance is not sufficient and fees will be refunded.
- ✓ If a training is held, training fees will not be refunded, credited or transferred to another training, with the exception of CPR and First Aid.

- ✓ CPR and First Aid registration fees can be transferred a maximum of 1 time, if requested by the registrant within 3 days of the training date.
- ✓ For all trainings that require a fee, the fee must be paid no later than 2 days prior to the training date. Registration is accepted after the 2 day prior deadline; a \$5 late registration fee will be assessed and a certificate will not be received at the time of the training.
- ✓ Individuals may not attend a training in the place of a registered participant, without pre-registering themselves.
- ✓ All trainings have a minimum and a maximum number of participants and the number might vary depending on the training.
- ✓ Priority for registration is given to those who provide care in Project CHILD's service delivery area.
- ✓ All trainings meet the guidelines and are Gateways Registry approved.
- ✓ All trainings meet the Department of Children and Family Services requirements for in-service hours.

If you have questions regarding these policies or suggestions for training, please call 800-362-7257 or 618-244-2210, and speak with Tranae Brockhouse at extension 103 or Paula Schnicker-Johnson at extension 111.

## **Virtual Meeting Etiquette**

- » Please log on to zoom meeting/training/class 15 minutes prior to start time for audio and video check. Each participant will have their audio/video checked individually upon joining the meeting/training.
- » Please keep yourself muted when you are not speaking. You may be muted by training/meeting host if background noise becomes distracting to others in training.
- » Position your camera properly (focused at eye level) to help create a sense of engagement with other participants **and please keep** camera/video on during the duration of the training.
- » Trainers may send handouts, links, or request other materials be on hand during the training. Please have these open, ready and in front of you before the training begins.
- » Please take turns speaking. Use the hand raise feature when you want to comment or ask a question. Wait until your name is called and then speak.
- » Reduce distractions. Please move other devices (cell phone, tablet, etc) out of your reach. Avoid multi-tasking, add turn-off notifications on cell phones, close or minimize running apps.
- » Be mindful of your "airtime". Wait time will be given for participant reflection and participants may be called upon to share their thoughts, ideas, etc.
- » Avoid the urge to always be clicking (surfing the internet, facebook, etc). Perhaps have a squeeze ball or fidget toy to keep your hands busy while your mind stays engaged in the training.
- » Please let the trainer and/or facilitator know if you need to step away. A message can be sent by private chat, or if available, use coffee or clock symbol.

#### Area Child Care Associations

Clay County Family Child Care Assocation meets
September through May on the first Tuesday of the month at
6:30pm. Contact Jeanine Cox at 618-231-2326 for more
information.

**Effingham Child Care Association** meets year round, on the first Monday of the month at 7pm. Contact Karen Torbeck at 618-349-6152 for more information.

**South East Illinois Child Care Association** meets monthly to provide training hours that meet DCFS licensing standards and share information about the early childhood field. Anyone that works with children is welcome to attend the meetings located in Dundas, Illinois. Contact Laura Sterchi at 618-843-1230 for more information.

Southern Illinois Early Childhood Action Team (SIECAT) promotes, supports and enhances the quality of early care and education for children and families in Southern Illinois. Members currently service over 4,000 children, representing ISBE Preschool for All, Head Start, child care programs and child care consultants. SIECAT meets virtually on the second Thursday of each month. Contact President Jill Andrews at 618-847-7102 for more information.

## Project CHILD Staff

STAFF	<b>EXTENSION</b>
Ashley Baldridge, Higher Education	101
Navigator	
Lisa Bicanich, Financial Assistant (PDF)	121
Tranae Brockhouse, Director	103
Kathy Byars, CCAP Specialist	117
Kathy Carr, CCAP Specialist	105
Courtney Hatcher, Recruitment/Retainment	112
and Quality Specialist	
Trinda Heitmeyer, Data Specialist	101
Cary Hottes, CCAP Coordinator	118
Lori Irvin, CCAP Specialist	102
Cathi Jackson, CCAP Specialist	115
Kaira James, Health and Safety Coach	114
Jamie Nichols, Infant Toddler Child Care	120
Specialist	
Paula Schnicker-Johnson, Provider Services	111
Coordinator and Quality Specialist	
Mary Stanfield, CCAP Specialist	107
Kaylie Williams, CCAP Specialist	113

# **Project CHILD Closings**

• July 4 <sup>th</sup>	Independence Day
<ul> <li>September 4<sup>th</sup></li> </ul>	Labor Day
<ul> <li>October 9<sup>th</sup></li> </ul>	Columbus Day
<ul> <li>October 10<sup>th</sup></li> </ul>	In-Service
<ul> <li>November 10<sup>th</sup></li> </ul>	Veterans Day
<ul> <li>November 23<sup>rd</sup></li> </ul>	Thanksgiving
<ul> <li>November 24<sup>th</sup></li> </ul>	Black Friday
<ul> <li>December 25<sup>th</sup></li> </ul>	Christmas Day
	·

# Want to be in the know?

# Find Project CHILD on the web:

www.projectchild.net



On FaceBook:

https://www.facebook.com/CCRR.ProjectCHILD/

## and

https://www.facebook.com/ProjectchildQualityConsultantTeam/

## **Project CHILD Registration Form**

Name	<del> </del>	<del></del>
Gateways Registry ID	Birth Date	
<b>Email address</b> If you do not wish to receive emails from us, p	lease indicate so here or conf	ract us at johnsonp@rlc.edu.
County	Phone Numb	per
<b>Cell Phone Number</b> *This enrolls me in Project CHILD's texting prog		
*Inis enroiis me in Project Chillu's texting prog	gram.	
Child Care Facility		
My program accepts IDHS Subsidy (C	CCAP):yes	no
Family Child Care Owner Family Child Care Staff	Length of time in position: Less than 6 months 6-12 months 1-3 years Over 3 years	I <b>primarily</b> work with:InfantsToddlersTwosPre-SchoolSchool-AgeNone
Please indicate the training(s) that you training, date, location and fee. Encloso that it is <b>received</b> at the following a <b>training</b> .	se applicable fees and r	eturn this registration form
Please mail form and applicable regis Project CHILD Attn: Paula Schnicker-Johnson PO Box 827	tration fee(s) to:	
Mt. Vernon, IL 62864	Questions? Call Email: johnsonp	618-244-2210, ext. 111 @rlc.edu

Na	me of Training	Training Date	Training Location	Registration Fee