



Project CHILD Training Calendar

News from the Training Corner

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Plastics are everywhere in our economy and each year more end up in our environment and landfills. Certain plastics contain chemicals that are harmful to human health even at low levels of exposure. Children are at greater risk to these chemicals because their bodies are still developing and they often insert plastic objects into their mouths – increasing exposure. Also, a small toxic dose for an adult may be a big dose with big effects for a child.

Bisphenol-A (BPA) and phthalates have been linked to cancer, diabetes, obesity, infertility and behavioral problems. Soft, flexible plastics are often made with phthalates, and hard clear plastics are often made with BPAs.

TEN TIPS FOR SAFER USE OF PLASTICS:

1. Avoid plastics with recycling code #3, #6 and #7
2. Purchase glass baby bottles with a silicone sleeve whenever possible. If glass is not an option, milky, opaque plastic bottles and sippy cups labeled “BPA free” can be used.
3. Never heat or microwave food or drink in any plastic containers, even if the product says “microwavable” or “microwave safe”. Leaching of toxic chemicals from plastic to food or liquid may occur. Use a paper towel instead of plastic wrap to cover food in the microwave.
4. Never heat plastic baby bottles. When mixing formula, heat the water before mixing. When warming breast milk, use a glass bottle (remove the plastic cap).
5. Use PVC-free plastic wrap or a reusable option like beeswax wraps.
6. Eat fresh or frozen produce. Minimize the use of canned foods and canned drinks as many are lined with BPA or its sister compounds BPS/BPF.
7. Choose a pacifier that is either entirely made of silicone, or has a silicone or natural rubber nipple and is labeled BPA-free.
8. Purchase phthalate-free and fragrance-free beauty products.
9. Ask your dentist for BPA-free sealants and composite fillings.
10. Discard all worn or scratched plastic food containers, especially baby bottles, sippy cups and infant feeding plates and cups. [Plastics Fact Sheet - Children's Environmental Health Network \(cehn.org\)](https://cehn.org)

July 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
						<i>CPR First Aid</i>
10	11	12	13	14	15	16
17	18	19	20	21	22	23
						
24	25	26	27	28	29	30
31						

July 9th

**American Heart Association
CPR**

9am

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



July 9th**American Heart Association
*First Aid*****12:30pm**

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



August 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
						<i>CPR First Aid</i>
14	15	16	17	18	19	20
21	22	23	24	25	26	27
				<i>I Wanna Be Your Yoda: Help You I Will</i>		
28	29	30	31			

August 13th American Heart Association 9am
CPR

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



August 13th American Heart Association 12:30pm
First Aid

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



August 25th *I Wanna Be Your Yoda: Help You I Will* 6pm

Have you heard of the Higher Education Navigator or H.E.N. in your area? Do you want to find out more about your Navigator and about some great scholarship opportunities? Have you been thinking about getting your Associates or Bachelors degree in Early Childhood Education? Well, now is the time to go back! Learn what the Higher Education Navigator can do for you, along with the different pathways you can take in the Magical field of Early Childhood Care and Education! Now is the time to help yourself grow...to feed your brain with knowledge and to ignite your heart with your passion for the field of Early Childhood Education!

Location: Zoom


Trainer: Ashley Baldrige, Higher Education Navigator

Hours: 2.0

Cost: FREE



September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
						
11	12	13	14	15	16	17
		<i>Focusing on an Inclusive Program</i>				<i>CPR First Aid</i>
18	19	20	21	22	23	24
		<i>Harmful Chemicals – Are the Children in Your Care Being Exposed?</i>				
25	26	27	28	29	30	
				<i>It's the Time....I'm Too Busy!</i>		

September 13th *Focusing on an Inclusive Program* 6:30pm

This training will define what inclusion is and how to turn principles into practices by looking at different areas of a program and how those areas can be adapted to meet the needs of all children. We will discuss how to be intentional caregivers using strategies and adaptations for environment, interactions, and relationships with a focus on school-age children in the family child care environment.

Location: Zoom

Trainer: Courtney Hatcher, Provider Recruitment/Quality Specialist

Hours: 1.5

Cost: FREE



September 17th American Heart Association 9am
CPR

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



September 17th American Heart Association 12:30pm
First Aid

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



September 20th *Harmful Chemicals – Are the* 6pm
Children in Your Care Being Exposed?

The first few years of children’s lives are critical to shaping their future health and development. Small changes can make a big impact. By reducing children’s exposure to harmful chemicals, illnesses and conditions like asthma, developmental disorders and even some forms of cancer can be prevented.

Location: Zoom

Trainer: Paula Schnicker-Johnson, Provider Services Coordinator/
 Quality Specialist

Hours: 2.0

Cost: FREE



September 29th***It's the Time.....I'm Too Busy!*****6pm**

Having a hard time balancing going to college and working full time? Maybe you think you can't go to school because you are just too busy! Well, come join me and learn some great tips on how to balance working full time and going to school! This training is sure to help inspire and motivate you to pursue or continue in your Higher Education Pathway!

Location: Zoom

Trainer: Ashley Baldrige, Higher Education Navigator

Hours: 2.0

Cost: FREE

October 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
						<i>CPR First Aid</i>
9	10	11	12	13	14	15
						
16	17	18	19	20	21	22
		<i>Brain Science and You! You Make a Difference Every Day</i>				
23	24	25	26	27	28	29
			<i>Fall Into Science</i>			
30	31 					

October 8th

**American Heart Association
CPR**

9am

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



October 8th **American Heart Association** **12:30pm**
First Aid

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



October 18th ***Brain Science and You! You Make A*** **6pm**
Difference Every Day

In this interactive workshop, we will explore how neuroscientific research connects to your children's behaviors and growth, and how to apply the science and theory to your choices as a child care provider, building strong foundations for your children and positive communication with the families you serve.

Location: Zoom

Trainer: Jamie Nichols, Infant Toddler Specialist

Hours: 2.0

Cost: FREE



October 26th ***Fall Into Science*** **6pm**

If you love Fall and need some great developmentally appropriate science ideas for your program, then sign up for this training!! This training is going to be HANDS-ON, In-Person, and Oh, So Fun!! Please wear your favorite fall and/or Halloween attire!!! Come and Fall into Science with us!!

Location: Rend Lake College MarketPlace, Room , Mt. Vernon

Trainers: Ashley Baldrige, Higher Education Navigator and Paula Schnicker-Johnson, Quality Specialist

Hours: 2.0

Cost: FREE



November 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
						<i>CPR First Aid</i>
13	14	15	16	17	18	19
		<i>Anti-Bias Curriculum Culture in Caregiving</i>		<i>Stress Management Tips – Treat Yo’ Self: Holiday Edition</i>		
20	21	22	23	24	25	26
	<i>Let’s Move! Physical Activity for Everyone</i>					
27	28	29	30			

November 12th

**American Heart Association
CPR**

9am

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



November 12th American Heart Association 12:30pm
First Aid

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



November 15th *Culture in Caregiving* 6:30pm

Have you ever thought about how your culture influences your caregiving for school age children? This training dives into understanding what your culture is and ways to be flexible and collaborate with the multiple cultures of the school age children within your family child care program.

Location: Zoom

Trainer: Courtney Hatcher, Provider Recruitment/Quality Specialist

Hours: 1.5

Cost: FREE



November 15th *Anti-Bias Curriculum* 6pm

What is an anti-bias and what does it look like in the early childhood environment? Learn the four goals of anti-bias and what materials and classroom supports to use. Explore teaching goals and developmental milestones related to anti-bias.

Location: Zoom

Trainer: Jamie Nichols, Infant Toddler Specialist

Hours: 2.0

Cost: FREE



November 17th *Stress Management Tips – Treat Yo’ Self* 6pm
Holiday Edition

We all know that working in childcare has so many rewards, but can be very stressful.... even more so around the holidays!! In this Zoom training we will dive into the joys, challenges, rewards, and stresses that we as caregivers, teachers, and leaders go through on a daily basis. We will discuss some relaxation techniques and other stress management skills. We will also, discuss some tips to help us get through the stress of the holidays with a little more cheer! You will walk away feeling relaxed, uplifted, and motivated to pursue your next adventures in your child care program and the holidays. Just remember: you must learn how to care for yourself before you can care for others.....so Treat Yo’ Self!

Location: Zoom

Trainers: Ashley Baldrige, Higher Education Navigator

Hours: 2.0

Cost: FREE



November 21st *Let’s Move!* 6pm
Physical Activity for Everyone

The benefits of physical activity extend beyond the numerous health benefits to include more holistic benefits, such as social development, motor skill development, and cognitive development. Behaviors and attitudes established during early childhood can influence behaviors over their entire life. An environment in which adults model physical activity will increase the likelihood that children will engage in healthy behaviors.

Location: Rend Lake Collee MarketPlace, Room 354A & B, Mt. Vernon



Trainer: Paula Schnicker-Johnson, Provider Services Coordinator/Quality Specialist

Hours: 2.0

Cost: FREE



December 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
						<i>CPR First Aid</i>
11	12	13	14	15	16	17
18	19	20	21	22	23	24
						
25	26	27	28	29	30	31
						

December 10th

**American Heart Association
CPR**

9am

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Rend Lake College MarketPlace, Room 354A, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



December 10th**American Heart Association
*First Aid*****12:30pm**

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

Rend Lake College MarketPlace, Room 354A, Mt. Vernon

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE

Infant Toddler Pyramid Model

Infant Toddler Pyramid Model – Module 1 Social Emotional Development Within the Context of Relationships

Discover how forming solid relationships can lead to healthy social-emotional development in infants and toddlers. This training will define social-emotional development and how infants and toddlers communicate feelings, thoughts, and behaviors. Participants will walk away with best practices and strategies needed to begin implementing strong positive relationships with infants, toddlers, and families.

Infant Toddler Pyramid Model – Module 2 Responsive Routines, Environments, and Targeted Strategies to Support Social Emotional Development in Infants and Toddlers

How do you promote healthy social-emotional development in infants and toddlers? In this training, participants will learn how to develop strategies and create an environment that helps support social-emotional development when working with infants and toddlers. Participants will also learn the importance of emotional literacy and how to model these behaviors in the classroom.

This training will be offered as a series of Zoom sessions.

September 15 th	6-9pm
September 29 th	6-9pm
October 13 th	6-9pm
October 27 th	6-9pm
November 10 th	6-9pm

This training can be taken for college credit or for training hours only. College credit can only be given to those who reside in Project CHILD's service delivery area and/or Rend Lake College's district.

All Zoom sessions must be attended to receive any credit, college credit or training hours.

Please contact Jamie Nichols at 618-244-2210, ext. 120 or nicholsj@rlc.edu for information on registering.

Practices for Effective Early Childhood Teachers

This course, specifically designed for preschool teachers, studies the impact of ten effective teaching practices in the early childhood classroom. These ten teaching practices will be discussed in detail. Students will gain strategies to better implement each of these practices in their classrooms.

This training will be offered as a series of Zoom sessions.

August 25 th	6-8pm
September 8 th	6-8pm
September 13 th	6-8pm
October 6 th	6-8pm
October 20 th	6-8pm
November 3 rd	6-8pm

This training is available for college credit only. College credit can only be given to those who reside in Project CHILD's service delivery area and/or Rend Lake College's district.

All Zoom sessions must be attended to receive any college credit.

Please contact Paula Schnicker-Johnson at 618-244-2210, ext. 111 or johnsonp@rlc.edu for information on registering.

****THIS CLASS IS FULL** It will be offered again in the Fall of 2023.**

Entities Offering Virtual Early Childhood Trainings

National Association for the Education of Young Children

<https://www.naeyc.org/events/trainings-webinars>

NAEYC offers engaging, interactive and practical *online* modules that are self-paced and designed to fit your needs and schedules as *early childhood* educators. Some offer certificates of training and some do not. Fees range from \$0 to \$20 or more.

The Care Courses School, Inc.

<https://www.carecourses.com/PublicPages/Home.aspx>

Care Courses *online* professional development *training* classes for *early childhood* professionals, CDA classes and CDA renewal. Clock hours vary by course, as do the fees.

The Early Childhood Academy

<https://theearlychildhoodacademy.com/shop/>

Classes are self-study and can be completed at *your convenience*. Certificates are available for printing after passing the class quizzes. Fees vary from \$7 to \$15 per class.

The Illinois AfterSchool Network

<https://www.ianetwork.org/distance-learning-sessions/>

Training webinars are hosted by certified Illinois AfterSchool Network (IAN) trainers and provide certificates upon completion. Training is specific to those who care for school-age children. All webinars are free of charge.

The Illinois Network of Child Care Resource and Referral Agencies (INCCRRA)

<https://courses.inccrra.org/>

Gateways Registry Approved training, DCFS Licensing Required training, CCAP Provider training, ExceleRate Illinois Approved training, School-Age and Youth Development Level 1 training, and ECE Level 1 training are available here, along with a list of other Gateways Registry Approved training entities.

Training Key

 **DCFS
Accepted**


 **QRIS
Required**

 **QRIS Bronze**

 **Family
Child Care**

 **Fee Required**

 **QRIS Silver**

 **Child Care
Center**

 **CCAP
Required**

 **QRIS Gold**

Project CHILD Training Policies

- ✓ Scheduled trainings sponsored or co-sponsored by Project CHILD will be listed in the biannual publication, *Project CHILD Professional Development Opportunities*. As the need arises, information may be electronically advertised (email, Facebook, website) for special trainings or conferences as they are planned.
- ✓ Trainings from may be offered on the virtual platform, Zoom, or offered in the traditional face-to-face format.
- ✓ Please take the zoom tutorial before attending your first virtual training. Audio and video connection can easily be tested beforehand at zoom.us/test.
- ✓ Full engagement is expected on zoom meeting/virtual training. Trainings will still include discussions, breakout groups, hands-on activities, etc. Full participation is expected just as in a face to face training.
- ✓ Each registrant will receive an email with zoom meeting link and password to join training. ***Please do not share this link or password with anyone or post on any social media sites.***
- ✓ A follow up survey/evaluation will be sent immediately following virtual training, if the link is not posted during the training. It is expected that these are completed and returned as part of the training participation. Certificates will be mailed upon completion of the survey/evaluation.
- ✓ Some virtual trainings may be recorded. You will be notified before recording begins.
- ✓ Training confirmation and/or cancelation notifications are handled via email. Please ensure that Project CHILD training staff has the most current email address for you on file.
- ✓ Participants must register and pay for all online training. Registration is available through the Registration Form (mailed or dropped off to us), through our website (www.projectchild.net) and by calling the office and speaking to Paula. Please have your Gateways Members number as well as your preferred email address.
- ✓ Attendance must meet or exceed 3 registered participants for some trainings and 5 registered participants in many circumstances in order for the training to be held. Minimum participation is subject to Project CHILD's discretion.
- ✓ A training will be cancelled 2 days prior to the date if attendance is not sufficient and fees will be refunded.
- ✓ If a training is held, training fees will not be refunded, credited or transferred to another training, with the exception of CPR and First Aid.

- ✓ CPR and First Aid registration fees can be transferred a maximum of 1 time, if requested by the registrant within 3 days of the training date.
- ✓ For all trainings that require a fee, the fee must be paid no later than 2 days prior to the training date. Registration is accepted after the 2 day prior deadline; a \$5 late registration fee will be assessed and a certificate will not be received at the time of the training.
- ✓ Individuals may not attend a training in the place of a registered participant, without pre-registering themselves.
- ✓ All trainings have a minimum and a maximum number of participants and the number might vary depending on the training.
- ✓ Priority for registration is given to those who provide care in Project CHILD's service delivery area.
- ✓ All trainings meet the guidelines and are Gateways Registry approved.
- ✓ All trainings meet the Department of Children and Family Services requirements for in-service hours.

If you have questions regarding these policies or suggestions for training, please call 800-362-7257 or 618-244-2210, and speak with Tranae Brockhouse at extension 103 or Paula Schnicker-Johnson at extension 111.

Virtual Meeting Etiquette

- » Please log on to zoom meeting/training 15 minutes prior to start time for audio and video check. Each participant will have their audio/video checked individually upon joining the meeting/training.
- » Please keep yourself muted when you are not speaking. You may be muted by training/meeting host if background noise becomes distracting to others in training.
- » Position your camera properly (focused at eye level) to help create a sense of engagement with other participants **and please keep camera/video on during the duration of the training.**
- » Trainers may send handouts, links, or request other materials be on hand during the training. Please have these open, ready and in front of you before the training begins.
- » Please take turns speaking. Use the hand raise feature when you want to comment or ask a question. Wait until your name is called and then speak.
- » Reduce distractions. Please move other devices (cell phone, tablet, etc) out of your reach. Avoid multi-tasking, add turn-off notifications on cell phones, close or minimize running apps.
- » Be mindful of your “airtime”. Wait time will be given for participant reflection and participants may be called upon to share their thoughts, ideas, etc.
- » Avoid the urge to always be clicking (surfing the internet, facebook, etc). Perhaps have a squeeze ball or fidget toy to keep your hands busy while your mind stays engaged in the training.
- » Please let the trainer and/or facilitator know if you need to step away. A message can be sent by private chat, or if available, use coffee or clock symbol.

Area Child Care Associations

Clay County Family Child Care Association meets September through May on the first Tuesday of the month at 6:30pm. Contact Jeanine Cox at 618-231-2326 for more information.

Effingham Child Care Association meets year round, on the first Monday of the month at 7pm. Contact Karen Torbeck at 618-349-6152 for more information.

Southern Illinois Early Childhood Action Team (SIECAT) promotes, supports and enhances the quality of early care and education for children and families in Southern Illinois. Members currently service over 4,000 children, representing ISBE Preschool for All, Head Start, child care programs and child care consultants. SIECAT meets virtually on the second Thursday of each month. Contact President Jill Andrews at 618-847-7102 for more information.

Project CHILD Staff

STAFF	EXTENSION
Lisa Bicanich, Financial Assistant (PDF)	121
Tranae Brockhouse, Director	103
Kathy Byars, CCAP Specialist	117
Kathy Carr, CCAP Specialist	105
Courtney Hatcher, Recruitment/Retainment and Quality Specialist	112
Trinda Heitmeyer, Data Specialist	101
Cary Hottes, CCAP Coordinator	118
Lori Irvin, CCAP Specialist	102
Cathi Jackson, CCAP Specialist	115
Kaira James, Health and Safety Coach	114
Jamie Nichols, Infant Toddler Child Care Specialist	120
Paula Schnicker-Johnson, Provider Services Coordinator and Quality Specialist	111
Mary Stanfield, CCAP Specialist	107
Alyssa VanZant, CCAP Specialist	113

Project CHILD Closings	
<ul style="list-style-type: none"> • July 5th • September 6th • October 11th • October 12th • November 11th • November 25 & 26 • December 24th • December 31st 	<ul style="list-style-type: none"> Independence Day Labor Day Columbus Day Staff In-Service Veterans Day Thanksgiving Christmas Eve New Year's Eve

Want to be in the know?

Find Project CHILD on the web:

www.projectchild.net



On FaceBook:

<https://www.facebook.com/CCRR.ProjectCHILD/>

<https://www.facebook.com/ProjectchildQualityConsultantTeam/>



Sign up for text messages:

Send CHILD to 33222

Project CHILD Registration Form

Name _____

Gateways Registry ID _____ Birth Date _____

Email address _____

If you do not wish to receive emails from us, please indicate so here or contact us at johnsonp@rlc.edu.

County _____ Phone Number _____

Cell Phone Number _____

*This enrolls me in Project CHILD's texting program.

Child Care Facility _____

My program accepts IDHS Subsidy (CCAP): _____yes _____no

Please check one:

- _____ Family Child Care Owner
- _____ Family Child Care Staff
- _____ Child Care Center Teacher
- _____ Child Care Center Assistant Teacher
- _____ Child Care Center Director
- _____ Other

Length of time in position:

- _____ Less than 6 months
- _____ 6-12 months
- _____ 1-3 years
- _____ Over 3 years

I **primarily** work with:

- _____ Infants
- _____ Toddlers
- _____ Twos
- _____ Pre-School
- _____ School-Age
- _____ None

Please indicate the training(s) that you wish to register for by indicating the name of the training, date, location and fee. Enclose applicable fees and return this registration form so that it is **received** at the following address **no later than 2 days prior to the training.**

Please mail form and applicable registration fee(s) to:

Project CHILD
Attn: Paula Schnicker-Johnson
PO Box 827
Mt. Vernon, IL 62864

Questions? Call 618-244-2210, ext. 111
 Email: johnsonp@rlc.edu

Name of Training	Training Date	Training Location	Registration Fee