



# Project CHILD Training Calendar

## News from the Training Corner

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Thank you to everyone who has ventured into the virtual world with Ashley, Courtney, Jamie and I for training. Zoom and the various applications that we are using have caused all of us to learn and grow in various ways.

Trainings will continue to be offered in the virtual platform of Zoom, with some trainings now offered face-to-face as well. Please read the training description to discover the training format.

Registration will continue with the options of completing a registration form, registering through our website ([projectchild.net](http://projectchild.net)) or calling the office. Please have your Gateways Member number and preferred email address available when you register.

If you do not receive a link to join the training by noon on the day of the training, please first check your junk or spam email. If you still cannot find an email containing the link to join the training, please call the office and ask for Paula.

If you are dropping off paperwork (training registrations or paperwork for the child care assistance program), please use the large, grey drop-off box located outside of the office. Please put paperwork in an envelope with the name of the person whom should receive it on the outside.

Enjoy your summer and the fall!

*Paula Schnicker-Johnson*

## July 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
Independence Day		Exploring the "Why" Behind Experiences				CPR First Aid (face to face)
11	12	13	14	15	16	17
				<i>The Great Outdoors</i>		
18	19	20	21	22	23	24
						CPR First Aid (virtual)
25	26	27	28	29	30	31
		CPR Skills Demonstration				

**July 6<sup>th</sup>                                  Exploring the "Why" Behind Experiences                                  6pm**

This **Zoom training** will look at different areas of development and how these areas play into the "why." There will also be several examples of play and what is happening developmentally during the experience.

Trainer: Courtney Hatcher, Quality Specialist

Hours: 2.0

Cost: FREE



**July 10<sup>th</sup> American Heart Association 9am  
CPR**

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Location: Rend Lake College MarketPlace, Room 354A, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**July 10<sup>th</sup> American Heart Association 12:30pm  
First Aid**

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Location: Rend Lake College MarketPlace, Room 354A, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



**July 15<sup>th</sup> The Great Outdoors 6pm**

Preschool children need lots of time to explore and play outside. Outdoor play develops a child's disposition for the outdoors, for physical activity, and for care of the environment. Allow this training to open up your own mind and heart to the beauty and benefits of nature. This **Zoom training** will give you some great ideas to nourish the natural curiosity that the children in your care have for Nature and the Great Outdoors!

Trainer: Ashley Baldrige, Consultant and ITN Trainer

Hours: 2.0

Cost: FREE



**July 24<sup>th</sup> American Heart Association 9am  
CPR**

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete. **Please note that participants will have to meet with instructor to demonstrate skills, on Tuesday, July 27<sup>th</sup>. Paula at 618-244-2210, ext 111 will call to schedule.**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**July 24<sup>th</sup>**

**American Heart Association  
First Aid**

**12:30pm**

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete.

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



**July 27<sup>th</sup>**

**CPR Skills Demonstration**

**5pm-7pm**

If you have taken CPR and First Aid on Saturday, July 24<sup>th</sup>, this is the date you will need to demonstrate your skills in person. If you do not receive a call, please call Paula at 618-244-2210, ext 111 to schedule a time to demonstrate. **Masks are required when you enter the building if you are not fully vaccinated.** *Fully vaccinated means that you have had ALL doses of the vaccine and two weeks have passed from the last dose.*

AHA Representative: Chris Laskowski, Certified Trainer



# August 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
				<i>Mindfulness in the Early Childhood Classroom</i>		CPR First Aid (face to face)
8	9	10	11	12	13	14
				<i>Child Development Overview</i>		
15	16	17	18	19	20	21
				<i>Teaching Social Emotional Skills Through Puppet Play</i>		CPR First Aid (virtual)
22	23	24	25	26	27	28
		CPR Skills Demonstration		<i>Health Issues for Children in Group Care</i>		
29	30	31				
		<i>Building a Healthy Brain</i>				

**August 5<sup>th</sup>**

***Mindfulness in the Early Childhood Classroom***

**6pm**

Mindfulness is thought of as intentional and non-judgmental present-moment awareness. This kind of awareness means we are purposefully paying attention to what is happening around us, what is happening inside us, what we are doing, and how we are doing and feeling without judging or analyzing. Mindfulness can improve focus, enhance emotional regulation, support new insight and perspective taking and support self-compassion in both children and adults.

**Location: Rend Lake College MarketPlace, Room 354A, Mt. Vernon**

Trainer: Paula Schnicker-Johnson, Quality Specialist

Hours: 2.0

Cost: FREE



**August 7<sup>th</sup>****American Heart Association  
CPR****9am**

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Location: Rend Lake College MarketPlace, Room 354A, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE**August 7<sup>th</sup>****American Heart Association  
First Aid****12:30pm**

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Location: Rend Lake College MarketPlace, Room 354A, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE**August 12<sup>th</sup>****ECE Level 1: Module 1  
Child Development Overview****6pm**

Participants receive an overview in child development for children birth through early school-age. Emphasis will be on understanding basic milestones in development as well as on strategies used to promote the healthy development of children.

**Location: Zoom**

Trainer: Jamie Nichols, Infant Toddler Specialist and ITN Trainer

Hours: 2.0

Cost: FREE

**August 19<sup>th</sup>                      *Teaching Social Emotional Skills Through  
Puppet Play*                      6pm**

Teaching preschool children social emotional skills can be challenging, yet so vitally important. Do you want an easy and fun way to teach preschoolers social emotional skills in an interactive way that is meaningful to them? Well, then grab a puppet or two and join this **ZOOM training!** You will learn the benefits and tricks of how to incorporate puppets in your program to enhance the social emotional learning & development of your preschool children!

Trainer: Ashley Baldrige, Consultant and ITN Trainer

Hours: 2.0

Cost: FREE



**August 21<sup>st</sup>                      American Heart Association                      9am  
*CPR***

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete. . ***Please note that participants will have to meet with instructor to demonstrate skills, on Tuesday, August 24<sup>th</sup>. Paula at 618-244-2210, ext 111 will call to schedule.***

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**August 21<sup>st</sup>                      American Heart Association                      12:30pm  
*First Aid***

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete.

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE





**August 24<sup>th</sup>****CPR Skills Demonstration****5pm-7pm**

If you have taken CPR and First Aid on Saturday, August 21<sup>st</sup>, this is the date you will need to demonstrate your skills in person. If you do not receive a call, please call Paula at 618-244-2210, ext 111 to schedule a time to demonstrate.

***Masks are required when you enter the building if you are not fully vaccinated. Fully vaccinated means that you have had ALL doses of the vaccine and two weeks have passed from the last dose.***

AHA Representative: Chris Laskowski, Certified Trainer

**August 26<sup>th</sup>****ECE Level 1: Module 2a****6pm*****Health Issues for Children in Group Care***

Ensuring a child's health and wellbeing requires more than basic first aid and emergency contacts. In this class, you will learn how to help the growth of healthy children—from the basics like hand washing to a more in-depth look at various practices surrounding health care.

**Location: Zoom**

Trainer: Jamie Nichols, Infant Toddler Specialist and ITN Trainer

Hours: 2.0

Cost: FREE**August 31<sup>st</sup>*****Building a Healthy Brain*****6pm**

During children's early years, from birth to 5, their brain experiences tremendous growth. The people they interact with, the materials they have access to and their everyday experiences shape their brain and will affect their success in grade school and beyond. This **Zoom training** will give insights into how to build a healthy brain.

Trainer: Courtney Hatcher, Quality Specialist

Hours: 2.0

Cost: FREE

September 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
	<i>Labor Day</i>			<i>Nutrition Issues in Group Care</i>		CPR First Aid (face to face)
12	13	14	15	16	17	18
19	20	21	22	23	24	25
		<i>Toilet Teaching in the Classroom</i>		<i>Math Through Everyday Routines Safety Issues for Group Care</i>		CPR First Aid (virtual)
26	27	28	29	30		
		CPR Skills Demonstration				

**September 9<sup>th</sup>**

**ECE Level 1: Module 2b**

**6pm**

***Nutrition Issues in Group Care***

Whether you are responsible for providing a quick snack or a well-balanced meal, understanding children’s dietary needs creates healthier and happier kids. Learn the basics of good nutrition, food safety, and various practices surrounding nutrition through this class that offers hands-on activities and practical discussions that will make science and good nutrition easy to understand.

**Location: Zoom**

Trainer: Jamie Nichols, Infant Toddler Specialist and ITN Trainer

Hours: 2.0

Cost: FREE



**September 11<sup>th</sup>**

**American Heart Association**

**9am**

**CPR**

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Location: Rend Lake College MarketPlace, Room 354A, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**September 11<sup>th</sup>**

**American Heart Association  
First Aid**

**12:30pm**

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Location: Rend Lake MarketPlace, Room 354A, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



**September 21<sup>st</sup>**

**Toilet Teaching in the Classroom**

**6pm**

In this **Zoom training**, the critical stages of toilet teaching for child care teachers helping children and parents will be covered.

Trainer: Jamie Nichols, Infant and Toddler Care Specialist

Hours: 2.0

Cost: FREE



**September 23<sup>rd</sup>**

**ECE Level 1: Module 2c  
Safety Issues for Group Care**

**6pm**

A child's safety is the number one concern for parents and child care providers alike. In this class, you will identify tips for creating a safer group care environment, confront the issue of abuse and neglect, and learn more about emergency preparedness and first aid.

**Location: Zoom**

Trainer: Jamie Nichols, Infant Toddler Specialist and ITN Trainer

Hours: 2.0

Cost: FREE



**September 23<sup>rd</sup>**

**Math Through Everyday Routines**

**6pm**

Having a hard time finding the joy or ease of incorporating Math into your Preschool Program? Maybe Math isn't your strong suit. Well, in this **ZOOM training** you will see that Math is EVERYWHERE in your everyday routines. Pick up some tricks on how to showcase and enhance Math in a fun and natural way throughout the day with your preschoolers!

Trainer: Ashley Baldridge, Consultant and ITN Trainer

Hours: 2.0

Cost: FREE



**September 25<sup>th</sup>**

**American Heart Association  
CPR**

**9am**

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete. . ***Please note that participants will have to meet with instructor to demonstrate skills, on Tuesday, September 28<sup>th</sup>. Paula at 618-244-2210, ext 111 will call to schedule.***

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**September 25<sup>th</sup>**

**American Heart Association  
First Aid**

**12:30pm**

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete.

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



**September 28<sup>th</sup>**

**CPR Skills Demonstration**

**5pm-7pm**

If you have taken CPR and First Aid on Saturday, September 25<sup>th</sup>, this is the date you will need to demonstrate your skills in person. If you do not receive a call, please call Paula at 618-244-2210, ext 111 to schedule a time to demonstrate.

***Masks are required when you enter the building if you are not fully vaccinated. Fully vaccinated means that you have had ALL doses of the vaccine and two weeks have passed from the last dose.***

AHA Representative: Chris Laskowski, Certified Trainer

October 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
						CPR First Aid (face to face)
3	4	5	6	7	8	9
10	11	12	13	14	15	16
	<i>Columbus Day</i>			<i>Observation and Guidance</i>		
17	18	19	20	21	22	23
	<i>Identifying Toddler Behavior</i>	<i>Child Passenger Safety</i>				CPR First Aid (virtual)
24	25	26	27	28	29	30
		CPR Skills Demonstration		<i>Fall Into Science Learning Happens in Relationships</i>		
31						
<i>Halloween</i>						

**October 2<sup>nd</sup>                      American Heart Association                      9am**  
***CPR***

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**October 2<sup>nd</sup>                      American Heart Association                      12:30pm**

***First Aid***

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



**October 14<sup>th</sup>**

**ECE Level 1: Module 3  
*Observation and Guidance***

**6pm**

To know how to best help children in your care, it is important to observe them and identify their specific needs. This session will define the different kinds of observation you can use when caring for children and how to offer more effective guidance and discipline.

**Location: Zoom**

Trainer: Jamie Nichols, Infant Toddler Specialist and ITN Trainer

Hours: 2.0

Cost: FREE



**October 18<sup>th</sup>**

***Identifying Toddler Behavior***

**6pm**

Young children's behavior always has meaning behind it. Children behave in certain ways because a need of theirs has not been met, or they simply don't have the skills to navigate the circumstances they are in. This **Zoom training** will help you to be able to identify toddler behavior for what it truly is.

Trainer: Courtney Hatcher, Quality Specialist

Hours: 2.0

Cost: FREE



**October 19<sup>th</sup>**

***Child Passenger Safety***

**6pm**

A **Zoom training** for child care teachers, providers, and administrators on car seat safety and transporting children.

Instructor: Jamie Nichols, Infant and Toddler Care Specialist

Hours: 2.0

Cost: FREE



**October 23<sup>rd</sup>**

**American Heart Association**

**9am**

**CPR**

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete. **Please note that participants will have to meet with instructor to demonstrate skills, on Tuesday, October 26<sup>th</sup>. Paula at 618-244-2210, ext 111 will call to schedule.**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**October 23<sup>rd</sup>**

**American Heart Association  
First Aid**

**12:30pm**

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete.

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



**October 26<sup>th</sup>**

**CPR Skills Demonstration**

**5pm-7pm**

If you have taken CPR and First Aid on Saturday, October 23<sup>rd</sup>, this is the date you will need to demonstrate your skills in person. If you do not receive a call, please call Paula at 618-244-2210, ext 111 to schedule a time to demonstrate.

**Masks are required when you enter the building if you are not fully vaccinated.** Fully vaccinated means that you have had ALL doses of the vaccine and two weeks have passed from the last dose.

AHA Representative: Chris Laskowski, Certified Trainer

**October 28<sup>th</sup>**

**ECE Level 1: Module 4  
Learning Happens in Relationships**

**6pm**

Our kids are constantly responding to family members, teachers, and social relationships that help to shape their understanding of the world around them. This class explores how relationships between families, children, and teachers can help learning, and how crafting the environment around them can help children learn.

**Location: Zoom**

Trainer: Jamie Nichols, Infant Toddler Specialist and ITN Trainer

Hours: 2.0

Cost: FREE



**October 28<sup>th</sup>**

**Fall Into Science**

**6pm**



If you're looking for hands-on ideas to incorporate great science experiences in your preschool program this Fall season...then, you'll want to join this Face-to-Face training! Fall is an exciting time and a fabulous opportunity to incorporate Science adventures with your preschool kiddos! Please feel free to dress-up and come have some hands-on fun as you "*Fall*" into Science!

**Location: Rend Lake College MarketPlace, Room 354A, Mt. Vernon**

Trainer: Ashley Baldrige, Consultant and ITN Trainer

Hours: 2.0

Cost: FREE



November 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	PALS – <i>Physical Activity Learning Session, Part 1</i>					
7	8	9	10	11	12	13
	<i>Honoring Diversity Through Play</i>			<i>Veterans Day</i>		CPR First Aid (face to face)
14	15	16	17	18	19	20
	PALS – <i>Physical Activity Learning Session, Part 2</i>			<i>Every Child is an Artist! Family and Community Relationships</i>		CPR First Aid (virtual)
21	22	23	24	25	26	27
		<i>What Every Child Care Provider Needs to Know About Biting</i>		<i>Thanksgiving Day</i>		
28	29	30				

**November 1<sup>st</sup>**

**PALS – Physical Activity Learning Session Part 1**

**6pm**

PALS is an “out of the box” **Zoom training** designed to give early care providers a solid knowledge base of best practices for physical activity. The PALS content addresses physical activity for children birth through age five years. The goal of PALS is to support practice and policy changes in ECE programs. PALS combines content learning with facility-level self-assessments, policy development opportunities, resources, and materials, to support practice change in ECE programs, leading to healthier, more active children.

Trainer: Paula Schnicker-Johnson, Quality Specialist

Hours: 2.0

Cost: FREE



**November 8<sup>th</sup>                                  *Honoring Diversity Through Play*                                  6pm**  
 Are you looking for ways to incorporate diversity in all its forms in your classroom or program? This **Zoom training** will give you ideas on how to do just that! From display to your outdoor environment and everything in between, you will discover ways to honor diversity through children’s play.  
 Trainer: Courtney Hatcher, Quality Specialist

Hours: 2.0

Cost: FREE



**November 13<sup>th</sup>                                  American Heart Association                                  9am**  
*CPR*  
 This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.  
**Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon**  
 Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**November 13<sup>th</sup>                                  American Heart Association                                  12:30pm**  
*First Aid*  
 This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.  
**Location: Rend Lake College MarketPlace, Room 343, Mt. Vernon**  
 Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



**November 15<sup>th</sup>                                  PALS – *Physical Activity Learning Session*                                  6pm**

**Part 2**

PALS is an “out of the box” **Zoom training** designed to give early care providers a solid knowledge base of best practices for physical activity. The PALS content addresses physical activity for children birth through age five years. The goal of PALS is to support practice and policy changes in ECE programs. PALS combines content learning with facility-level self-assessments, policy development opportunities, resources, and materials, to support practice change in ECE programs, leading to healthier, more active children.

Trainer: Paula Schnicker-Johnson, Quality Specialist

Hours: 2.0

Cost: FREE



**November 18<sup>th</sup>**

**ECE Level 1: Module 5**

**6pm**

***Family and Community Relationships***

As our partner in child development, families—especially parents—directly affect a child’s learning. In this class, you will learn new ways of working with parents to help their children enjoy learning. You also will explore the social world of a family to be sure that the learning that takes place in your care is consistent with learning done at home.

**Location: Zoom**

Trainer: Jamie Nichols, Infant Toddler Specialist and ITN Trainer

Hours: 2.0

Cost: FREE



**November 18<sup>th</sup>**

***Every Child is an Artist!***

**6pm**

Art is a natural way for children to express themselves and be creative. If art takes up a lot of your time and energy, maybe it shouldn’t! This **Zoom training** will talk about the importance of process art and how to incorporate this into your preschool program.

Trainer: Ashley Baldrige, Consultant and ITN Trainer

Hours: 2.0

Cost: FREE



**November 20<sup>th</sup>                      American Heart Association                      9am**  
***CPR***

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete. . ***Please note that participants will have to meet with instructor to demonstrate skills, on Tuesday, November 23<sup>rd</sup>. Paula at 618-244-2210, ext 111 will call to schedule.***

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**November 20<sup>th</sup>                      American Heart Association                      12:30pm**  
***First Aid***

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete.

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



**November 23<sup>rd</sup>                      CPR Skills Demonstration                      5pm-7pm**

If you have taken CPR and First Aid on Saturday, November 20<sup>th</sup>, this is the date you will need to demonstrate your skills in person. If you do not receive a call, please call Paula at 618-244-2210, ext 111 to schedule a time to demonstrate.

***Masks are required when you enter the building if you are not fully vaccinated. Fully vaccinated means that you have had ALL doses of the vaccine and two weeks have passed from the last dose.***

AHA Representative: Chris Laskowski, Certified Trainer

**November 23<sup>rd</sup>                      What Every Child Care Provider Needs                      6pm**  
***To Know About Biting***

An in-depth look at biting for every early childhood educator. This **Zoom training** will cover reasons why children bite, as well as ways to help prevent bites.

Trainer: Jamie Nichols, Infant and Toddler Care Specialist

Hours: 2.0

Cost: FREE



December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
				<i>Using Loose Parts with Toddler and Preschool Children</i>		CPR First Aid (face to face)
12	13	14	15	16	17	18
				<i>Treat Yo' Self!</i>		CPR First Aid (virtual)
19	20	21	22	23	24	25
					<i>Christmas Eve</i>	<i>Christmas Day</i>
26	27	28	29	30	31	

**December 2<sup>nd</sup>**

**ECE Level 1: Module 6**

**6pm**

***Personal and Professional Development***

What does it mean to be a child care professional? How can you be sure you are getting the support and supplies you need? How can you set effective limits with parents and children alike? In this final class, you will learn about your own professional development and how to take care of yourself so you can continue to care for others.

**Location: Zoom**

Trainer: Jamie Nichols, Infant Toddler Specialist and ITN Trainer

Hours: 2.0

Cost: FREE



**December 9<sup>th</sup>**

***Using Loose Parts with Toddler and Preschool Children***

**6pm**

Loose parts are alluring, beautiful, found objects and materials that children can move, manipulate, control, and change while they play. Children can carry, combine, redesign, line up, take apart, and put loose parts back together in almost endless ways. This training will give you numerous ideas of ways to use loose parts in your classroom or program.

**Location: Rend Lake College MarketPlace, Room 354A, Mt Vernon**

Trainer: Paula Schnicker-Johnson, Quality Specialist

Hours: 2.0

Cost: FREE



**December 11<sup>th</sup>**

**American Heart Association  
CPR**

**9am**

This basic **face to face training** will certify participants in American Heart Association CPR and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Rend Lake College MarketPlace, Room 354A, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**December 11<sup>th</sup>**

**American Heart Association  
First Aid**

**12:30pm**

This basic **face to face training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program.

**Rend Lake College MarketPlace, Room 354A, Mt. Vernon**

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE



**December 16<sup>th</sup>**

***Stress Management Skills: Treat Yo' Self!***

**6pm**

We all know that working in childcare can be very stressful, but so very rewarding! In this **Zoom training** we will discuss the joys, challenges, rewards, and stresses that we as caregivers, teachers, and leaders go through on a daily basis. We will also discuss some relaxation techniques and other stress management skills. You will walk away feeling relaxed, uplifted, and motivated to pursue your next adventures in your child care program. Just Remember: you must learn how to care for yourself before you can care for others...so *Treat Yo' Self!*

Trainer: Ashley Baldrige, Consultant and ITN Trainer

Hours: 2.0

Cost: FREE



**December 18<sup>th</sup>**

**American Heart Association  
CPR**

**9am**

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete. . ***Please note that participants will have to meet with instructor to demonstrate skills, on Tuesday, December 21<sup>st</sup>. Paula at 618-244-2210, ext 111 will call to schedule.***

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.5

Cost: FREE



**December 18<sup>th</sup>**

**American Heart Association  
First Aid**

**12:30pm**

This basic **Zoom training** will certify participants in American Heart Association First Aid and meets both DCFS licensing and Health and Safety requirements for the Child Care Assistance program. Certificates will be issued when CPR skills demonstration is complete.

Trainer: Chris Laskowski, Certified Trainer

Hours: 2.0

Cost: FREE





**December 21<sup>st</sup>**

**CPR Skills Demonstration**

**5pm-7pm**

If you have taken CPR and First Aid on Saturday, December 18<sup>th</sup>, this is the date you will need to demonstrate your skills in person. If you do not receive a call, please call Paula at 618-244-2210, ext 111 to schedule a time to demonstrate.

***Masks are required when you enter the building if you are not fully vaccinated. Fully vaccinated means that you have had ALL doses of the vaccine and two weeks have passed from the last dose.***

AHA Representative: Chris Laskowski, Certified Trainer



### ***Entities Offering Virtual Early Childhood Trainings***

National Association for the Education of Young Children

<https://www.naeyc.org/events/trainings-webinars>

NAEYC offers engaging, interactive and practical *online* modules that are self-paced and designed to fit your needs and schedules as *early childhood* educators. Some offer certificates of training and some do not. Fees range from \$0 to \$20 or more.

The Care Courses School, Inc.

<https://www.carecourses.com/PublicPages/Home.aspx>

Care Courses *online* professional development *training* classes for *early childhood* professionals, CDA classes and CDA renewal. Clock hours vary by course, as do the fees.

The Early Childhood Academy

<https://theearlychildhoodacademy.com/shop/>

Classes are self-study and can be completed at *your convenience*. Certificates are available for printing after passing the class quizzes. Fees vary from \$7 to \$15 per class.

The Illinois AfterSchool Network

<https://www.ianetwork.org/distance-learning-sessions/>

Training webinars are hosted by certified Illinois AfterSchool Network (IAN) trainers and provide certificates upon completion. Training is specific to those who care for school-age children. All webinars are free of charge.

The Illinois Network of Child Care Resource and Referral Agencies (INCCRRA)

<https://courses.inccrra.org/>

Gateways Registry Approved training, DCFS Licensing Required training, CCAP Provider training, ExceleRate Illinois Approved training, School-Age and Youth Development Level 1 training, and ECE Level 1 training are available here, along with a list of other Gateways Registry Approved training entities.

## Training Key

 **DCFS  
Accepted**


 **QRIS  
Required**

 **QRIS Bronze**

 **Family  
Child Care**

 **Fee Required**

 **QRIS Silver**

 **Child Care  
Center**

 **CCAP  
Required**

 **QRIS Gold**

### Project CHILD Training Policies

- ✓ Scheduled trainings sponsored or co-sponsored by Project CHILD will be listed in the biannual publication, *Project CHILD Professional Development Opportunities*. As the need arises, information may be electronically advertised (email, Facebook, website) for special trainings or conferences as they are planned.
- ✓ Trainings from may be offered on the virtual platform, Zoom, or offered in the traditional face-to-face format.
- ✓ Please take the zoom tutorial before attending your first virtual training. Audio and video connection can easily be tested beforehand at [zoom.us/test](https://zoom.us/test).
- ✓ Full engagement is expected on zoom meeting/virtual training. Trainings will still include discussions, breakout groups, hands-on activities, etc. Full participation is expected just as in a face to face training.
- ✓ Each registrant will receive an email with zoom meeting link and password to join training. ***Please do not share this link or password with anyone or post on any social media sites.***
- ✓ A follow up survey/evaluation will be sent immediately following virtual training, if the link is not posted during the training. It is expected that these are completed and returned as part of the training participation. Certificates will be mailed upon completion of the survey/evaluation.
- ✓ Some virtual trainings may be recorded. You will be notified before recording begins.
- ✓ Training confirmation and/or cancelation notifications are handled via email. Please ensure that Project CHILD training staff has the most current email address for you on file.
- ✓ Participants must register and pay for all online training. Registration is available through the Registration Form (mailed or dropped off to us), through our website ([www.projectchild.net](http://www.projectchild.net)) and by calling the office and speaking to Paula. Please have your Gateways Members number as well as your preferred email address.
- ✓ Attendance must meet or exceed 3 registered participants for some trainings and 5 registered participants in many circumstances in order for the training to be held. Minimum participation is subject to Project CHILD's discretion.
- ✓ A training will be cancelled 2 days prior to the date if attendance is not sufficient and fees will be refunded.
- ✓ If a training is held, training fees will not be refunded, credited or transferred to another training, with the exception of CPR and First Aid.

- ✓ CPR and First Aid registration fees can be transferred a maximum of 1 time, if requested by the registrant within 3 days of the training date.
- ✓ For all trainings that require a fee, the fee must be paid no later than 2 days prior to the training date. Registration is accepted after the 2 day prior deadline; a \$5 late registration fee will be assessed and a certificate will not be received at the time of the training.
- ✓ Individuals may not attend a training in the place of a registered participant, without pre-registering themselves.
- ✓ All trainings have a minimum and a maximum number of participants and the number might vary depending on the training.
- ✓ Priority for registration is given to those who provide care in Project CHILD's service delivery area.
- ✓ All trainings meet the guidelines and are Gateways Registry approved.
- ✓ All trainings meet the Department of Children and Family Services requirements for in-service hours.

If you have questions regarding these policies or suggestions for training, please call 800-362-7257 or 618-244-2210, and speak with Tranae Brockhouse at extension 103 or Paula Schnicker-Johnson at extension 111.

## Virtual Meeting Etiquette

- » Please log on to zoom meeting/training 15 minutes prior to start time for audio and video check. Each participant will have their audio/video checked individually upon joining the meeting/training.
- » Please keep yourself muted when you are not speaking. You may be muted by training/meeting host if background noise becomes distracting to others in training.
- » Position your camera properly (focused at eye level) to help create a sense of engagement with other participants **and please keep camera/video on during the duration of the training.**
- » Trainers may send handouts, links, or request other materials be on hand during the training. Please have these open, ready and in front of you before the training begins.
- » Please take turns speaking. Use the hand raise feature when you want to comment or ask a question. Wait until your name is called and then speak.
- » Reduce distractions. Please move other devices (cell phone, tablet, etc) out of your reach. Avoid multi-tasking, add turn-off notifications on cell phones, close or minimize running apps.
- » Be mindful of your “airtime”. Wait time will be given for participant reflection and participants may be called upon to share their thoughts, ideas, etc.
- » Avoid the urge to always be clicking (surfing the internet, facebook, etc). Perhaps have a squeeze ball or fidget toy to keep your hands busy while your mind stays engaged in the training.
- » Please let the trainer and/or facilitator know if you need to step away. A message can be sent by private chat, or if available, use coffee or clock symbol.

Area Child Care Associations
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**Clay County Family Child Care Association** meets September through May on the first Tuesday of the month at 6:30pm. Contact Jeanine Cox at 618-231-2326 for more information.

**Effingham Child Care Association** meets year round, on the first Monday of the month at 7pm. Contact Karen Torbeck at 618-349-6152 for more information.

**Southern Illinois Early Childhood Action Team (SIECAT)** promotes, supports and enhances the quality of early care and education for children and families in Southern Illinois. Members currently service over 4,000 children, representing ISBE Preschool for All, Head Start, child care programs and child care consultants. SIECAT meets virtually on the second Thursday of each month. Contact President Jill Andrews at 618-847-7102 for more information.



Project CHILD Staff
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STAFF	EXTENSION
Lisa Bicanich, Financial Assistant (PDF)	121
Tranae Brockhouse, Director	103
Kathy Byars, CCAP Specialist	117
Kathy Carr, CCAP Specialist	105
Courtney Hatcher, Recruitment/Retainment and Quality Specialist	112
Trinda Heitmeyer, Data Specialist	101
Cary Hottes, CCAP Coordinator	118
Lori Irvin, CCAP Specialist	102
Cathi Jackson, CCAP Specialist	115
Kaira James, Health and Safety Coach	114
Jamie Nichols, Infant Toddler Child Care Specialist	120
Paula Schnicker-Johnson, Provider Services Coordinator and Quality Specialist	111
Mary Stanfield, CCAP Specialist	107
Alyssa VanZant, CCAP Specialist	113

### Project CHILD Closings

- July 5<sup>th</sup> Independence Day
- September 6<sup>th</sup> Labor Day
- October 11<sup>th</sup> Columbus Day
- October 12<sup>th</sup> Staff In-Service
- November 11<sup>th</sup> Veterans Day
- November 25 & 26 Thanksgiving
- December 24<sup>th</sup> Christmas Eve
- December 31<sup>st</sup> New Year's Eve

Want to be in the know?

Find Project CHILD on the web:

[www.projectchild.net](http://www.projectchild.net)



On FaceBook:

<https://www.facebook.com/CCRR.ProjectCHILD/>

<https://www.facebook.com/ProjectchildQualityConsultantTeam/>



Sign up for text messages:

Send CHILD to 33222

**Project CHILD Registration Form**

Name \_\_\_\_\_

Gateways Registry ID \_\_\_\_\_ Birth Date \_\_\_\_\_

**Email address** \_\_\_\_\_

If you do not wish to receive emails from us, please indicate so here or contact us at johnsonp@rlc.edu.

County \_\_\_\_\_ Phone Number \_\_\_\_\_

**Cell Phone Number** \_\_\_\_\_

\*This enrolls me in Project CHILD's texting program.

Child Care Facility \_\_\_\_\_

My program accepts IDHS Subsidy (CCAP): \_\_\_\_yes \_\_\_\_no

Please check one:

- \_\_\_\_ Family Child Care Owner
- \_\_\_\_ Family Child Care Staff
- \_\_\_\_ Child Care Center Teacher
- \_\_\_\_ Child Care Center Assistant Teacher
- \_\_\_\_ Child Care Center Director
- \_\_\_\_ Other

Length of time in position:

- \_\_\_\_ Less than 6 months
- \_\_\_\_ 6-12 months
- \_\_\_\_ 1-3 years
- \_\_\_\_ Over 3 years

I **primarily** work with:

- \_\_\_\_ Infants
- \_\_\_\_ Toddlers
- \_\_\_\_ Twos
- \_\_\_\_ Pre-School
- \_\_\_\_ School-Age
- \_\_\_\_ None

Please indicate the training(s) that you wish to register for by indicating the name of the training, date, location and fee. Enclose applicable fees and return this registration form so that it is **received** at the following address **no later than 2 days prior to the training.**

Please mail form and applicable registration fee(s) to:

**Project CHILD**  
**Attn: Paula Schnicker-Johnson**  
**PO Box 827**  
**Mt. Vernon, IL 62864**

Questions? Call 800-362-7257, ext. 111  
 Email: johnsonp@rlc.edu

Name of Training	Training Date	Training Location	Registration Fee